9th Naturopathy Day Celebrated with Eco-Friendly and Plastic-Free Arrangements at Nagamangala

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The 9th Naturopathy Day national-level celebration at the Central Research Institute of Yoga and Naturopathy (CRIYN), Nagamangala, Karnataka, on 18 November 2026, was organised with a strong emphasis on environmental sustainability and eco-friendly practices, in keeping with the theme ‘Prakritik Chikitsa, Swasth Bharat’.

The programme adopted a plastic-free approach, with minimal use of banners and no plastic materials in decorations, event mementos or participant kits. Food was served in reusable steel plates and on banana leaves, avoiding disposable plastic and promoting traditional, environmentally responsible practices.

The arrangements were designed to minimise waste and encourage the use of reusable and natural alternatives. By reducing unnecessary event materials and avoiding single-use plastic, the celebration demonstrated how large-scale public outreach programmes can be conducted while remaining mindful of their environmental footprint.

Through these measures, the Ministry of Ayush reaffirmed the importance of incorporating sustainable practices into public programmes and celebrations, demonstrating that environmental responsibility can be an integral part of promoting a healthier and more sustainable India.

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