MY Bharat Organises Nationwide Deepotsav and Neighbourhood Youth Parliaments Under 100-Week Anti-Drug Campaign

Week 8 activities witness participation of over 1.19 lakh youth and citizens across 30 States/UTs

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Mera Yuva Bharat (MY Bharat), under the Ministry of Youth Affairs and Sports, organised nationwide **'Nasha Mukt Yuva Deepotsav – Ek Diya Sankalp Ka'** and **'Nasha Mukt Yuva Par Paricharcha'** through Neighbourhood Youth Parliaments during Week 8 of the **'Nasha Mukt Yuva for Viksit Bharat'** 100-Week Sankalp Abhiyan on November 6 and 7, 2026. The two initiatives combined Diwali celebrations with grassroots discussions on substance abuse, mobilising over 1.19 lakh youth and citizens across 30 States/UTs with participants taking pledges towards a Nasha Mukt Bharat.



Under the **‘Nasha Mukt Yuva Deepotsav – Ek Diya Sankalp Ka’** initiative, 435 programmes and 568 activities were organised, drawing participation from 1,10,101 people. Activities included rangoli formations, diya lighting, sweets distribution, awareness programmes and felicitation of MY Bharat volunteers. Partner organisations, including Brahma Kumaris, EPSI and Heartfulness, also participated.

In Uttar Pradesh, MY Bharat organised celebrations with volunteers in Lucknow, distributed sweets and fruits at an old-age home in Banda, and conducted awareness activities in Rampur. In Chhattisgarh, Deepotsav and rangoli activities were organised in Mungeli and Dhamtari. In Himachal Pradesh, celebrations and sweets distribution were organised at an old-age home in Kangra. Similar activities were held in Yavatmal, Maharashtra; Yanam, Puducherry; and Jammu and Kashmir.



The **‘Nasha Mukt Yuva Par Paricharcha’** initiative, organised through Neighbourhood Youth Parliaments (NYPs) at the block level, recorded 85 programmes and 298 activities, with participation from 9,526 individuals. The discussions focused on substance abuse, its challenges and the role of young people in building a drug-free society.

Each NYP was designed to engage at least 80 young people per block through four structured sessions. These covered a briefing on the MY Bharat portal; ‘Understanding Substance Abuse: Challenges before India’s Youth’; ‘From Awareness to Action: Tools for a Nasha Mukt Yuva’; and an audio-visual presentation titled ‘Stories of Change: The Journey Towards a Nasha Mukt Bharat’.



The discussions also included slogan writing, rangoli formations, street plays, interactive sessions and pledge-taking. Such activities were organised in Bhuna in Fatehabad, Haryana; Latur in Maharashtra; East Delhi; and Dongargarh Block in Chhattisgarh. The 'Nasha Mukt Yuva for Viksit Bharat' 100-Week Sankalp Abhiyan continues to provide a nationwide platform for sustained youth engagement and community-led action towards a drug-free India.

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