

Postal Pension Adalat to be held in Panaji on October 16

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Goa/ Panaji : 7 October 2026

The Goa Postal Region will organise a Postal Pension Adalat on October 16, 2026, at 3 pm at the Office of the Postmaster General, Goa Region, Panaji, to provide an effective platform for redressal of grievances of postal pensioners.

The Goa Postal Region covers the State of Goa and Sangli, Kolhapur, Ratnagiri and Sindhudurg districts of Maharashtra.

Pensioners of the Department of Posts may submit grievances relating to pension and pensionary benefits that have remained unsettled for more than three months. The Adalat will consider eligible cases relating to employees who retired from the Department of Posts or died while in service.

However, cases involving purely succession disputes and grievances relating to policy matters will not be entertained.

Pensioners may submit their applications in the prescribed proforma to **Shri Mahesh N., Senior Accounts Officer and Secretary, Pension Adalat, Office of the Postmaster General, Goa Region, Panaji - 403001. Applications may also be sent by email to accts.goa@indiapost.gov.in.

The last date for submission of applications is October 13, 2026. Applications received after the deadline will not be considered for the proposed Pension Adalat.



Source- PMG, Goa Region/PIB Panaji | Nana Meshram / Ambadas Yadav/ Priti Malandkar

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