

A New Start Through Recovery and Family Support

Bihar Youth Rajveer's Journey

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The substance use profoundly affect a person's well-being, relationships and daily life. With timely treatment and continued family support, recovery from substance use can help a person regain stability and take steps towards a healthier future.

Rajveer (name changed), a 28-year-old graduate from Darbhanga district, Bihar, received treatment and rehabilitation support at ROSHANI IRCA after substance use affected his behaviour, emotional well-being and family life. He now lives with his family and has started a small business with their support.

Concerned by changes in his behaviour and emotional state, Rajveer's father brought him to the Centre on 8 March 2026. Rajveer was initially irritable and found it difficult to adjust to the treatment environment. His family remained supportive while he began receiving professional care.

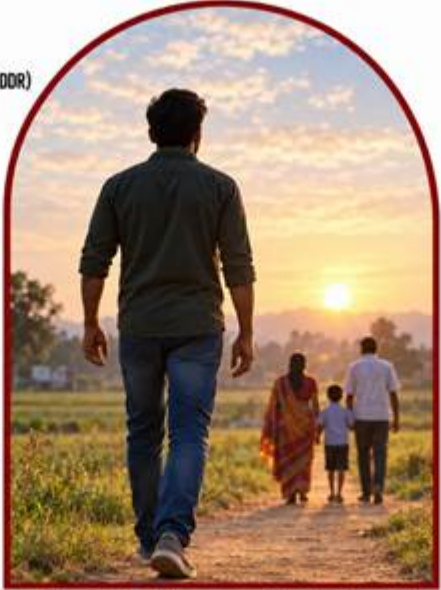
SUCCESS STORY

NATIONAL ACTION PLAN FOR DRUG DEMAND REDUCTION (NAPDDR)

A NEW BEGINNING THROUGH RECOVERY

RAJVEER (NAME CHANGED)

28 YEARS | GRADUATE | DARBHANGA, BIHAR





Ministry of
Social Justice and
Empowerment
Government of India

CHALLENGE
Substance use affected his emotional well-being, behaviour and family life.

TREATMENT
ROSHANI IRCA provided medical care, counselling, group therapy and yoga.

FAMILY SUPPORT
Family counselling, home visits and follow-up helped sustain recovery.

NEW BEGINNING
He lives with his family and has started a small business with their support.

Treatment, counselling and family support helped Rajveer rebuild his daily life.

RECOVERY

FAMILY SUPPORT

NEW BEGINNING

At ROSHANI IRCA, Rajveer received medical detoxification, regular medication, individual counselling, group therapy, re-educative sessions and yoga activities. The centre also provided family counselling, home visits and follow-up support. As treatment progressed, he began sharing his concerns more openly during counselling sessions.

His family observed positive changes in his behaviour. Rajveer became more engaged in daily activities and, with their help, started a small business. Awareness programmes and continued intervention by the centre also supported his family through the recovery process.

Today, Rajveer is living with his family and working towards a healthy, substance-free life. His experience shows how treatment, counselling and family involvement can support recovery and help someone rebuild daily routines and livelihood.

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