



Sports Authority of India Mumbai Marks World Bicycle Day with ‘Sundays on Cycle’; 2,000 Participate

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Sports Authority of India (SAI), Regional Centre Mumbai, under the Fit India Movement, organised the 77th edition of “Sundays on Cycle” as a special celebration of World Bicycle Day 2026 at the iconic Worli Promenade on Mumbai’s Coastal Road today. The event witnessed enthusiastic participation of over 2,000 cyclists, fitness enthusiasts and citizens from across the Mumbai Metropolitan Region.

Smt. Amruta Fadnavis graced the occasion as the Chief Guest. Renowned actor Shri Jackie Shroff, actor Shri Taha Shah Badussha and fitness influencer Ms. Nivedita Sreyansh attended as Guests of Honour. Shri Pandurang Chate (IRS), Regional Director, SAI Regional Centre Mumbai, was also present on the occasion.

Addressing the gathering, Smt. Amruta Fadnavis appreciated the efforts of cyclists and participants for promoting cycling as a sustainable and eco-friendly mode of transport and fitness activity. Highlighting the growing cycling culture in Mumbai, she said such initiatives contribute towards environmental conservation while promoting physical and mental well-being. She also lauded the Fit India Movement for encouraging citizens to adopt healthier lifestyles and contribute towards building a fitter nation.

Speaking on the occasion, Shri Taha Shah Badussha congratulated the participants and encouraged citizens to adopt regular physical activity in their daily lives. Reiterating the Fit India message of “Fitness Ki Dose, Aadha Ghanta Roz”, he urged everyone to dedicate at least thirty minutes every day towards fitness and well-being.

Shri Jackie Shroff highlighted the close connection between cycling, fitness and environmental responsibility. Encouraging participants to embrace cycling as a way of life, he also stressed the importance of tree plantation and sustainable living for future generations.

The programme featured a vibrant 3-kilometre cycling rally along Mumbai’s Coastal Road, symbolising collective commitment towards fitness, health and sustainable mobility. Participants from all age groups joined the rally with great enthusiasm, reflecting the growing popularity of cycling as a means of fitness, recreation and environmental responsibility.

The event also received overwhelming support from the cycling fraternity, with over 40 cycling communities and clubs from across the Mumbai Metropolitan Region participating in the rally and promoting the message of fitness and sustainable mobility under the Fit India Movement.



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