



World heritage site Khajuraho All Set to Host 25-Day Countdown Event for IDY 2026

Union Minister Shri Prataprao Jadhav addresses a Press Conference Ahead of the Event at Khajuraho

“Khajuraho Reflects the Harmony Between India’s Heritage and Modern Wellness”: Shri Prataprao Jadhav

Yoga Enthusiasts to Gather at the Western Group of Temples in Khajuraho

Nationwide Momentum for IDY 2026 Strengthens with Yoga Mahotsav at Khajuraho

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Morarji Desai National Institute of Yoga (MDNIY), under the Ministry of Ayush, will organise “Yoga Mahotsav – 25-Day Countdown to International Day of Yoga (IDY) 2026” tomorrow at the Western Group of Temples in Khajuraho, Chhatarpur, Madhya Pradesh.

Ahead of the event, Union Minister of State (Independent Charge), Ministry of Ayush, and Minister of State for Health and Family Welfare, Shri Prataprao Jadhav addressed a press conference in Khajuraho today. Member of Parliament from Khajuraho Lok Sabha constituency, Shri Vishnu Dutt Sharma, and MLA from Rajnagar Assembly constituency, Shri Arvind Pateriya, were also present during the press conference.

Addressing the media, Union Minister Shri Prataprao Jadhav said that “Yoga Mahotsav–2026” marks an important milestone in the nationwide preparations for the 12th International Day of Yoga (IDY) 2026 and reflects the Government’s commitment to expanding the reach of Yoga across the country. He informed that the Ministry of Ayush is conducting a 100-day nationwide countdown campaign in collaboration with 100 institutions across 100 locations to strengthen awareness and encourage wider public participation ahead of IDY 2026..

The Minister noted that Yoga, an integral part of India’s cultural and spiritual heritage, has evolved into a global movement for holistic health and wellness following the United Nations’ adoption of the International Day of Yoga in 2014, after the initiative of Prime Minister Shri Narendra Modi. He further stated that under the “Yoga 365 Days” initiative, MDNIY, in collaboration with the Ministry of Ayush and Habuild, is conducting a 100-day free Yoga training campaign till 21 June, with more than two lakh participants already registered as “Yoga Mitras”.

Highlighting the significance of the event, Shri Prataprao Jadhav stated: “Yoga is a priceless gift of India’s ancient wisdom tradition, which has shown the world the path of a balanced, holistic, and healthy lifestyle. At a time of rising lifestyle-related challenges, Yoga is emerging as an effective, scientifically grounded solution. Khajuraho stands as a living symbol of India’s rich cultural heritage, and organizing a 25-day Yoga Festival at such a historic site beautifully reflects the harmony between Indian tradition and modern wellness. I am confident that this festival will play a significant role in further enhancing the global acceptance of Yoga and promoting its wider outreach among people.”

Yoga Mahotsav: 25-Day Countdown to International Day of Yoga (IDY) 2026

The 25-day countdown to the International Day of Yoga is observed every year as an important outreach phase to build awareness and encourage public participation through Yoga demonstrations, awareness campaigns, and community-based activities organised across the country.

The programme will commence at 6:00 a.m. and is expected to witness enthusiastic participation from Yoga practitioners, students, officials, and wellness enthusiasts from across the country, who will collectively perform the Common Yoga Protocol (CYP).

The event will be graced by Union Minister Shri Prataprao Jadhav along with Shri Inder Singh Parmar, Minister of State (Independent Charge) for the AYUSH Department in the Government of Madhya Pradesh. Joint Secretary, Ministry of Ayush, Ms. Monalisa Dash; Director, Morarji Desai National Institute of Yoga, Prof. (Dr.) Kashinath Samagandi; senior officials of the Ministry, Yoga experts, representatives from Ayush systems and modern medicine, and Yoga practitioners from different parts of the country will also participate in the programme.

As part of the event, Ayush Aahara will also be distributed among participants.

Renowned worldwide for its magnificent temple architecture and serene surroundings, Khajuraho provides a fitting backdrop for Yoga Mahotsav 2026. The event highlights the connection between India’s ancient traditions and holistic wellness, while further strengthening the momentum towards IDY 2026.







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