

# 69th Edition of 'Sundays on Cycle' Successfully Conducted in Kharghar

## 400+ Youth Leaders Joined the Fit India Sundays on Cycle Movement

Posted On: 13 APR 2026 12:37PM by PIB Mumbai

**Navi Mumbai/ Mumbai, 13 April 2026**

The Sports Authority of India (SAI), Regional Centre Mumbai, in association with MY Bharat, under the Fit India Movement, successfully conducted the 69th Edition of 'Sundays on Cycle' at Kharghar, Navi Mumbai, promoting fitness and an active lifestyle among youth and citizens.



The event, focused on State Youth Leaders, witnessed enthusiastic participation from over 400 youth, students, and MY Bharat volunteers, who came together to spread the message of fitness and healthy living through community cycling. The rally covered approximately a 5 km route across Kharghar, passing through Vinayak Seth Chowk, Kharghar Football Stadium, and Sector 27, effectively spreading awareness about fitness among the local community.



Shri Prashant Thakur, MLA Panvel, graced the occasion as the Chief Guest and flagged off the cycling rally from B.D. Somani International School. Addressing the participants, he said, "It is truly inspiring to witness such enthusiastic participation from our youth. Initiatives like Sundays on Cycle not only promote fitness but also build awareness about leading a healthy lifestyle. Youth-led movements like this are essential for shaping a stronger and healthier nation."



The event featured group cycling, youth engagement activities, and interaction with participants, reinforcing the vision of Fit Yuva – Fit Bharat – Fit Nation.

The initiative concluded successfully, further strengthening the impact of the Fit India Movement and encouraging citizens to adopt cycling as a regular part of their daily lifestyle.

\* \* \*

PIB Mumbai | Yash Rane/Darshana Rane

Follow us on social media: [@PIBMumbai](https://twitter.com/PIBMumbai) [/PIBMumbai](https://facebook.com/PIBMumbai) [/pibmumbai](https://instagram.com/pibmumbai) [pibmumbai\[at\]gmail\[dot\]com](mailto:pibmumbai[at]gmail[dot]com) [/PIBMumbai](https://youtube.com/PIBMumbai)  
mbai [/pibmumbai](https://pinterest.com/pibmumbai)

(Release ID: 2251461) Visitor Counter : 74

Read this release in: Marathi