



NIWS–IITTM Goa Conducts Lifesaving Techniques Course for Naval Personnel

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The National Institute of Watersports (NIWS) – Indian Institute of Tourism & Travel Management (IITTM), Goa Campus, successfully conducted a specialised “Lifesaving Techniques – Pool/Beach/Open Water” course for officials of the Indian Navy Physical Training School from March 23 to 28, 2026.

The intensive training covered key modules such as Pool Lifeguard Techniques, Beach Lifeguard and Surfboard Rescue, Open Water Rescue, and Power Boat Handling (Tiller).

The course focused on enhancing practical skills in rescue operations, casualty handling, and emergency response in aquatic environments. All participants displayed high levels of discipline and professionalism and are now better equipped to handle water-related emergencies effectively.

A total of 14 trainees participated in the programme, including personnel from the Indian Navy, Indian Coast Guard, Mauritius Police Force and Sri Lankan Navy.

The successful completion of the course underscores NIWS–IITTM Goa’s continued commitment to excellence in lifesaving training and capacity building in aquatic safety.



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