



## **Steps Taken to Strengthen and Integrate Mental Healthcare Services**

**District Mental Health Programme has been sanctioned for implementation in 767 districts for which support is provided to States/UTs through the National Health Mission**

**Mental health services have been added in the packages of services under Comprehensive Primary Health Care provided at Ayushman Arogya Mandirs**

**25 Centres of Excellence have been sanctioned to increase the intake of students in PG departments in mental health specialties and to provide tertiary level treatment facilities**

**There are 47 Government run mental hospitals in the country, including 3 Central Mental Health Institutions**

**Government has launched a “National Tele Mental Health Programme” to provide universal access to equitable, accessible, affordable and quality mental health care through 24 x 7 tele-mental health counselling services**

**36 States/ UTs have set up 53 Tele MANAS Cells; Tele-MANAS services are available in 20 languages based on language opted by States**

**More than 34.34 lakh calls have been handled on Tele MANAS since inception**

**Tele-MANAS Mobile Application is a comprehensive mobile platform, developed to provide support for mental health issues ranging from well-being to mental disorders**

The Government is implementing the National Mental Health Programme (NMHP) in the country. The District Mental Health Programme (DMHP) component of the NMHP has been sanctioned for implementation in 767 districts for which support is provided to States/UTs through the National Health Mission. Facilities made available under DMHP at the Community Health Centre (CHC) and Primary Health Centre (PHC) levels, include outpatient services, assessment, counselling/ psycho-social interventions, continuing care and support to persons with severe mental disorders, drugs, outreach services, ambulance services etc. In addition to above services there is a provision of 10 bedded in-patient facility at the District level.

The Government is also taking steps to integrate mental healthcare services at primary healthcare level. The Government has upgraded more than 1.77 lakh Sub Health Centres (SHCs) and Primary Health Centres (PHCs) to Ayushman Arogya Mandirs. Mental health services have been added in the packages of services under Comprehensive Primary Health Care provided at these Ayushman Arogya Mandirs. Operational guidelines and training manuals for various cadres on Mental, Neurological, and Substance Use Disorders (MNS) at Ayushman Arogya Mandirs have been released under the ambit of Ayushman Bharat.

Under the tertiary care component of NMHP, 25 Centres of Excellence have been sanctioned to increase the intake of students in PG departments in mental health specialties as well as to provide tertiary level treatment facilities. Further, the Government has also supported 19 Government medical colleges/institutions to strengthen 47 PG Departments in mental health Specialties.

There are 47 Government run mental hospitals in the country, including 3 Central Mental Health Institutions, viz. National Institute of Mental Health and Neuro Sciences, Bengaluru, Lokopriya Gopinath Bordoloi Regional Institute of Mental Health, Tezpur, Assam and Central Institute of Psychiatry, Ranchi. Mental Health Services are also provisioned in all AIIMS.

The Government has launched a “National Tele Mental Health Programme” (NTMHP) on 10th October, 2022, that functions as the digital arm of the District Mental Health Programme to provide universal access to equitable, accessible, affordable and quality mental health care through 24 x 7 tele-mental health counselling services. For this, a toll-free number (14416) has been set up across the country.

As on 03.03.2026, 36 States/ UTs have set up 53 Tele MANAS Cells. Tele-MANAS services are available in 20 languages based on language opted by States. More than 34.34 lakh calls have been handled on the helpline number since inception.

The Government has also launched Tele MANAS Mobile Application on the occasion of World Mental Health Day - October 10, 2024. Tele-MANAS Mobile Application is a comprehensive mobile platform that has been developed to provide support for mental health issues ranging from well being to mental disorders. The Government has also launched video consultation facility under Tele-MANAS, as another upgrade to the already existing audio calling facility.

The Union Minister of State for Health and Family Welfare, Shri Prataprao Jadhav stated this in a written reply in the Lok Sabha today.

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**SR**

**HFW/PQ-Steps taken to Integrate Mental Healthcare Services/27 March 2026/5**

