

Ayush Partners with CISF to Boost Preventive Healthcare and Wellness for Personnel

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In a significant step towards strengthening preventive healthcare and holistic well-being among security forces, the Ministry of Ayush has signed a Memorandum of Understanding (MoU) with the Central Industrial Security Force (CISF), under the Ministry of Home Affairs.

The MoU aims to promote Ayush-based preventive healthcare, wellness, yoga, stress management, and overall well-being among CISF personnel and their families.



The agreement was signed by Dr. A. Raghu, Adviser (Ayu.), Ministry of Ayush, and Smt. Pratibha Agarwal, Inspector General (Administration), CISF Headquarters, New Delhi. The signing ceremony took place in the presence of senior officials, including Vaidya Rajesh Kotecha, Secretary, Ministry of Ayush, and Shri Praveer Ranjan, IPS, Director General, CISF.

The collaboration seeks to deepen cooperation between the two organisations to extend Ayush-based preventive, promotive, and wellness services to CISF personnel. Key focus areas include awareness generation, sensitisation programmes, wellness interventions, yoga practices, lifestyle management, and holistic healthcare through Ayush systems. The initiative will also explore the provision of Ayush OPD-level services at CISF establishments, wherever feasible.

Under the terms of the MoU, the Ministry of Ayush will extend technical support, develop wellness modules, and provide expert guidance through its institutions and research councils. CISF, on the other hand, will facilitate the implementation of these initiatives across its units and establishments.

The partnership marks an important step towards integrating traditional systems of medicine into the daily lives of security personnel, thereby improving health, resilience, and overall quality of life.

The MoU will remain in force for a period of five years from the date of signing.

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