

**GOVERNMENT OF INDIA
MINISTRY OF HEALTH AND FAMILY WELFARE
DEPARTMENT OF HEALTH AND FAMILY WELFARE**

**LOK SABHA
UNSTARRED QUESTION NO. 2119
TO BE ANSWERED ON 31ST JULY, 2026**

MENTAL HEALTH CHALLENGES

2119. DR. PRABHA MALLIKARJUN:

Will the Minister of **HEALTH AND FAMILY WELFARE** be pleased to state:

- (a) whether the Government has undertaken any assessment of mental health challenges, healthcare accessibility gaps and emerging public health threats across the country, if so, the details thereof;
- (b) the details of mental health institutions, District Mental Health Programme (DMHP) coverage and healthcare infrastructure created during the last five years, year-wise;
- (c) whether the Government has evaluated the adequacy of healthcare facilities and specialist services available in rural and underserved regions, if so, the details thereof;
- (d) the measures being taken by the Government to strengthen mental healthcare, rural healthcare infrastructure and preparedness against emerging health threats; and
- (e) whether any new healthcare infrastructure, mental health services or public health programmes have been sanctioned for Karnataka, particularly in Davanagere district and if so, the details thereof?

**ANSWER
THE MINISTER OF STATE IN THE MINISTRY OF HEALTH AND
FAMILY WELFARE
(SHRI PRATAPRAO JADHAV)**

(a) to (e) As per the National Mental Health Survey conducted by the Government through National Institute of Mental Health and Neurosciences (NIMHANS), Bangalore in 12 States of the country, the prevalence of mental disorders including common mental disorders, severe mental disorders, and alcohol and substance use disorders (excluding tobacco use disorder) in adults over the age of 18 years is about 10.6%. The treatment gap for mental disorders ranged between 70% to 92% for different disorders.

To address the burden of mental disorders, the Government of India is implementing the National Mental Health Programme (NMHP) in the country. The District Mental Health Programme (DMHP) component of the NMHP has been sanctioned for implementation in 692, 716, 743, 767 and 767 districts during the last five years for which support is provided to States/UTs through

the National Health Mission. Facilities made available under DMHP at the Community Health Centre (CHC) and Primary Health Centre (PHC) levels for all including elderly, inter- alia, include outpatient services, assessment, counselling/ psycho-social interventions, continuing care and support to persons with severe mental disorders, drugs, outreach services, ambulance services etc. In addition to above services there is a provision of 10 bedded in-patient facility at the District level.

Under the tertiary care component of NMHP, under Manpower Development Scheme-A, 25 Centres of Excellence (list enclosed at Annexure-I) have been sanctioned to increase the intake of students in PG departments in mental health specialities as well as to provide tertiary level treatment facilities. Further, the Government has also supported 19 Government medical colleges/institutions (list enclosed at Annexure-II) to strengthen 47 PG Departments in mental health specialties under Manpower Development Scheme-B.

The Government is also taking steps to strengthen mental healthcare services at primary healthcare level. The Government has upgraded more than 1.8 lakh Sub Health Centres (SHCs) and Primary Health Centres (PHCs) to Ayushman Arogya Mandirs. Mental health services have been added in the packages of services under Comprehensive Primary Health Care provided at these Ayushman Arogya Mandirs. Operational guidelines and training manuals for various cadres on Mental, Neurological, and Substance Use Disorders (MNS) at Ayushman Arogya Mandirs have been released under the ambit of Ayushman Bharat.

The details of health resources functioning in the country across all the States/ UTs with available resources, can be accessed at the following link of HDI 2023-24: <https://www.mohfw-dohfw.gov.in/static/uploads/2026/05/57202cf30629539e4d0fb0a2f700ac62.pdf>.

Besides the above, The Government has launched a “National Tele Mental Health Programme” (NTMHP) on 10th October, 2022, that functions as the digital arm of the District Mental Health Programme to provide universal access to equitable, accessible, affordable and quality mental health care through 24 x 7 tele-mental health counselling services. For this, a toll-free number (14416) has been set up across the country.

As on 27.07.2026, 36 States/ UTs have set up 53 Tele MANAS Cells. Tele-MANAS services are available in 20 languages based on language opted by States. More than 42 lakhs calls have been handled on the helpline number.

The Government has also launched Tele MANAS Mobile Application on the occasion of World Mental Health Day - October 10, 2024. Tele-MANAS Mobile Application is a comprehensive mobile platform that has been developed to provide support for mental health issues ranging from wellbeing to mental disorders. The Government has also launched the video consultation facility under Tele-MANAS, as another upgrade to the already existing audio calling facility.

ANNEXURE - I**SCHEME – A : CENTRES OF EXCELLENCE**

S.No.	State	Name of the Institute
1.	Kerala	Institute of Mental Health and Neurosciences (IMHANS), Kozhikode, Kerala
2.	Gujarat	Hospital for Mental Health, Ahmadabad
3.	Odisha	Sriram Chand Bhanj Medical College Hospital, Cuttack
4.	West Bengal	Institute of Psychiatry, Kolkata
5.	J&K	Psychiatric Diseases Hospital, Govt. Medical College, Srinagar
6.	Maharashtra	Maharashtra Institute of Mental Health, Pune
7.	Haryana	State Mental Health Institute, Pandit Bhagwat. Dayal Sharma University of Health Sciences, Rohtak
8.	Chandigarh	Government Medical College & Hospital, Chandigarh
9.	Telangana	Institute of Mental Health, Hyderabad
10.		Kakatiya Medical College, Warangal
11.	Punjab	Institute of Mental Health, Amritsar
12.	Madhya Pradesh	Gwalior Mansik Arogyashala, Gwalior
13.		MGM Medical College, Indore
14.	Goa	Institute of Psychiatry and Human Behaviour, Bambolim
15.	Karnataka	Dharwad Institute of Mental Health and Neurosciences
16.	Delhi	Dr. Ram Manohar Lohia Hospital, Delhi
17.		Institute of Human Behaviour and Allied Science (IHBAS), Delhi
18.	Himachal Pradesh	Dr. Rajendra Prasad Govt. Medical College, Kangra, Tanda
19.	Rajasthan	Sardar Patel Medical College, Bikaner
20.		Swai Madho Singh Medical College, Jaipur
21.	Andhra Pradesh	Hospital for Mental Care, Vishakhapatnam
22.	West Bengal	Department of Psychiatry, Calcutta Medical College
23.	Uttar Pradesh	Institute of Medical Sciences, Banaras Hindu University, Varanasi

S.No.	State	Name of the Institute
24.		King George Medical University, Lucknow
25.		Institute of Mental Health and Hospital, Agra

ANNEXURE - II**SCHEME – B : STRENGTHENING/ ESTABLISHMENT OF PG DEPARTMENTS****(47 PG Departments in 19 Institutions)**

S.No.	State	Name of the Institute
1.	Karnataka	National Institute of Mental Health and Neurological Sciences (NIMHANS), Bangalore (2 PG Department)
2.	Jharkhand	Ranchi Institute of Mental Health & Neuro Sciences, Ranchi (4 PG Department)
3.	Delhi	Dr. Ram Manohar Lohia Hospital, Delhi (3 PG Department)
4.	Assam	Lokpriya Gopinath Bordoloi Regional Institute of Mental Health (LGBRIMH), Tezpur (4 PG Department)
5.	Uttar Pradesh	Chhatrapati Shahuji Maharaj Medical University, Lucknow (4 PG Department)
6.	Tamil Nadu	Institute of Mental Health, Chennai (2 PG Department)
7.	Gujarat	Government Medical College, Surat (1 PG Department)
8.		Pandit Dindayal Upadhyay Medical College, Rajkot (1 PG Department)
9.	Rajasthan	Rabindra Nath Tagore College, Udaipur, Rajasthan (1 PG Department)
10.		Sardar Patel Medical College, Bikaner (1 PG Department)
11.	Kerala	Govt. medical College, Trivandrum (4 PG Department)
12.	Madhya Pradesh	Shyam Shah Medical College, Rewa, Madhya Pradesh (1 PG Department)
13.	Maharashtra	Indian Naval Hospital Ship Asvini (4 PG Department)
14.		Regional Mental Hospital, Pune (4 PG Department)
15.		Regional Mental Hospital, Thane (2 PG Department)
16.		Regional Mental Hospital, Nagpur (2 PG Department)
17.	Jammu and Kashmir	Sher-i-Kashmir Institute of Medical Sciences, Srinagar, Jammu and Kashmir (4 PG Department)
18.	Himachal Pradesh	Indira Gandhi Medical College & Hospital, Shimla (2 PG Department)
19.	Karnataka	Karnataka Institute of Medical Sciences, Hubballi (1 PG Department)