



CCRUM's National Conference on “Innovation and Evidence in Unani Practice” concludes in Mumbai

Unani Day 2026 celebrations showcase innovation, research and collaborations in evidence-based Unani medicine in Mumbai

Experts call for stronger scientific validation, digital integration and global outreach to mainstream Unani healthcare

Nine scientific sessions spotlight advances in drug development, regimenal therapies, Ilaj-bil-Ghiza and cutting-edge Unani research

CCRUM launches new publications, digital platforms and MoUs as RRIUM Mumbai earns NABL certification for its laboratories

Posted On: 15 FEB 2026 8:13PM by PIB Delhi

The grand celebrations of Unani Day 2026 along with the two-day National Conference on “Innovation and Evidence in Unani Practice” concluded today at the Yashwantrao Chavan Centre, Mumbai. The event brought together eminent scholars, policymakers, researchers, industry representatives, practitioners, and students from across the country to deliberate on the future roadmap of Unani medicine in the era of evidence-based healthcare.

Unani Day was celebrated on 14th February 2026, commemorating the rich legacy and contributions of the Unani system of medicine. The concluding day featured a scientific workshop, which was inaugurated by Prataprao Jadhav, Union Minister of State (Independent Charge), Ministry of Ayush & Minister of State for Health & Family Welfare. Earlier, the Minister also inaugurated the renovated Co-location Centre of the Regional Research Institute of Unani Medicine (RRIUM) at the historic J. J. Hospital campus, strengthening clinical, research, and patient-care infrastructure.

The valedictory session was graced by Prof. Asim Ali Khan, President, Board of Unani, Siddha & Sowa-Rigpa (BUSS), National Commission for Indian System of Medicine (NCISM), Ministry of Ayush as the Chief Guest. In his address, he emphasized the need for strengthening academic standards, enhancing

scientific validation, and promoting innovation to ensure the global recognition and mainstream integration of Unani medicine.

Distinguished dignitaries present on the occasion included Dr. M. A. Qasmi, Advisor (Unani), Ministry of Ayush; Dr. Younis Iftikhar Munshi, Deputy Director General, CCRUM; Dr. Zahir I. Kazi, President, Anjuman-i-Islam College, Mumbai; Hakeem Khursheed Murad, Chairman, Vedaan Group, Bareilly; and Dr. Masroor Qureshi, Research Officer (Unani) & Nodal Officer (J.J. Co-location), RRIUM, Mumbai. Special felicitation was accorded to Prof. (Dr.) Qazi Rashid Anwar and Dr. Jaleel, Vice Principal, ZVM Unani Medical College and Hospital, Pune.

The conference featured nine thematic scientific sessions focusing on innovation, evidence generation, drug standardization, regimenal therapies, Ilaj-bil-Ghiza (dietotherapy), translational research, genomics, artificial intelligence, and integration of modern technologies with classical Unani principles.

Scientific Session I – Innovations in Unani Formulations and Drug Development

Dr. Ahmad Ali; Dr. V. N. Azger Dusthacker; Dr. Yogeeta Goyal; Dr. Dinesh Mani Tripathi.

Scientific Session II – Advancing Evidence-Based Research in Unani Medicine

Dr. Ruchika Kaul Ghanekar; Dr. Amisha Vora; Dr. M. Rasool; Dr. Sayeed Ahmad.

Scientific Session III – Translational Research in Unani Medicine

Dr. Nitin Sharma; Dr. Navneet Sharma; Dr. Mohd Urooj; Dr. Azizuddin Khan.

Scientific Session IV – Advancements in Ilaj-bil-Ghiza (Nutrition & Lifestyle Management)

Representative of FSSAI; Dr. Shaikh Nikhat Parveen; Prof. Eram S. Rao; Prof. Asia Sultana.

Scientific Session V – Innovations in Clinical Practice and Disease Management

Dr. Uzma Bano; Prof. Mohd Aleemuddin Quamri; Dr. Ghazala Mulla; Dr. Humaira Bano.

Scientific Session VI – Recent Advancement in Unani Research

Dr. Mohammad Nawab; Prof. Khan Mohammad Qaiser; Dr. Mohd. Kashif Husain; Dr. Misbahuddin Azhar.

Scientific Session VII – Advancements in Ilaj-bil-Tadbir (Regimenal Therapy) and Health & Wellness

Prof. Mohd Anwar; Dr. Noman Anwar; Dr. Tamanna Nazli; Dr. Farooqui Shazia Parveen; Dr. Shaista Urooj.

Scientific Session VIII – Role of Genomics and Artificial Intelligence in Unani R&D

Dr. Mohammed Idris; Prof. B. Vijaya Lakshmi; Dr. Usama Akram; Dr. Md. Manzar Alam; Prof. Qamar Uddin.

Scientific Session IX – Evidence-Based Perspectives from Unani Classics and Drug Standardization

Dr. Amanullah; Dr. Fakhre Alam; Dr. Munira Momin; Prof. Lokesh Kumar Bhatt; Dr. Bilal Ahmed.

Key Highlights of the event

Exchange of 01 International and 08 National MoUs

Launch of CCRUM publications and Conference Souvenir

Launch of CCRUM Collaborative Expression of Interest (EoI) Web Portal and Mobile Applications

Presentation of Questionnaire for Assessment of Mizāj Insā

Conferment of NABL certification to RRIUM, Mumbai laboratories

Appreciation certificates awarded for best research papers and institutions

The deliberations reaffirmed innovation, scientific rigor, digital integration, and global collaboration as essential pillars for strengthening the future of Unani medicine in alignment with the vision of the Ministry of Ayush for integrative and inclusive healthcare.

Press releases related to the Unani Day and National Conference can be read below through the links.

The Curtain Raiser link : <https://www.pib.gov.in/PressReleasePage.aspx?PRID=2227528®=3&lang=1>

Inaugural (14 February 2026) link : <https://www.pib.gov.in/PressReleasePage.aspx?PRID=2227999®=3&lang=1>





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(Release ID: 2228462) Visitor Counter : 229

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