



Update on National Tele Mental Health Programme

Tele-MANAS Mobile Application expanded to 10 additional regional languages

Tele-MANAS now operational in 36 States/UTs with 53 Tele-MANAS cells across the country

Over 29.82 Lakh calls handled on Tele-MANAS helpline since inception; more than 12.33 Lakh calls in 2025 alone

Video consultation facility launched under Tele-MANAS to strengthen tele-mental health support services

Dedicated Tele-MANAS cell established at Armed Forces Medical College (AFMC) Pune to provide tele-mental health support to armed forces personnel and dependents

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The Government launched a “National Tele Mental Health Programme” on 10th October, 2022, to further improve access to quality mental health counselling and care services in the country.

The Government has also launched the Tele-MANAS Mobile Application on the occasion of World Mental Health Day- 10th October, 2024. Tele-MANAS Mobile Application is a comprehensive mobile platform that has been developed to provide support for mental health issues ranging from well-being to mental disorders.

Tele-MANAS Mobile Application has been expanded to include 10 additional regional languages— Assamese, Bengali, Gujarati, Kannada, Malayalam, Marathi, Tamil, Telugu, Odia, and Punjabi — along with the previously available languages, English and Hindi. Tele-MANAS Mobile Application also assists visually challenged persons by making its mental health services accessible through a specially designed, user-friendly digital interface and a toll-free phone line that does not require screen use.

As on 27.11.2025, 36 States/ UTs have set up 53 Tele-MANAS Cells. Tele-MANAS services are available in 20 languages based on the language opted by the States. More than 29.82 lakh calls have been handled on the helpline number since its inception. Total number of calls handled through the Tele-MANAS platform during the current year is 12,33,399.

The Government has also launched the video consultation facility under Tele-MANAS, as another upgrade to the already existing audio calling facility.

The Government has established a dedicated Tele-MANAS Cell at the Armed Forces Medical College (AFMC), Pune, to extend tele-mental health assistance and support to all Armed Forces service personnel and their dependents, further enhancing the mental health care services available to them.

The Union Minister of State for Health and Family Welfare, Shri Prataprao Jadhav, stated this in a written reply in the Lok Sabha today.

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