

Secretary Vaidya Rajesh Kotecha commends Siddha physicians for swift in-flight medical intervention using Varmam therapy

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The Secretary, Ministry of Ayush, Vaidya Rajesh Kotecha, has lauded the exemplary conduct and clinical acumen of two Siddha physicians who provided timely medical assistance to a fellow passenger during a recent flight. Secretary Shri Kotecha met Dr. Elavarasan and Dr. Gowtham in New Delhi to personally acknowledge their presence of mind, sense of responsibility, and effective use of Siddha Varmam techniques in a real-life emergency situation.

During the flight, a passenger suddenly experienced unexplained giddiness. Although the cabin crew provided initial first aid, the passenger's condition remained unstable, prompting a call for medical assistance. Responding immediately, Siddha physicians Dr. Elavarasan and Dr. Gowtham assessed the passenger and applied specific Varmam stimulation techniques described in classical Siddha literature. Within minutes, the passenger experienced significant relief, helping stabilize the situation smoothly.

The Secretary, Ministry of Ayush, praised the doctors for their calm, professional and compassionate intervention. He emphasized that the practical use of Siddha Varmam therapy in such circumstances highlights its supportive potential in emergencies when administered by trained professionals. The incident also underscores the importance of greater public awareness and structured training in Siddha Varmam techniques to enhance their wider utility in integrative healthcare delivery.



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