

World Mental Health Day serves as a powerful reminder that mental health is a fundamental part of our overall well-being: Prime Minister

PM compliments all those working in the field of mental health and helping others heal and find happiness

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The Prime Minister, Shri Narendra Modi has said that World Mental Health Day serves as a powerful reminder that mental health is a fundamental part of overall well-being.

The Prime Minister said that in today's fast-paced world, the day underscores the importance of reflection and extending compassion to others. He urged collective efforts to create environments where conversations around mental health become more mainstream.

Shri Modi also complimented all those working in the field of mental health and helping others heal and find happiness.

The Prime Minister wrote on X;

“World Mental Health Day serves as a powerful reminder that mental health is a fundamental part of our overall well-being. In a fast-paced world, this day underscores the importance of reflecting and extending compassion to others. Let us also work collectively to create environments where conversations around mental health become more mainstream. My compliments to all those working in this field and helping others heal and find happiness.”

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— Narendra Modi (@narendramodi) [October 10, 2025](#)

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