

Swasth Nari, Sashakt Parivar Abhiyaan: ESIC Hospitals conduct extensive pan-India health camps

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As part of the ongoing Swasth Nari, Sashakt Parivar Abhiyaan being organized nationwide from 17th September to 2nd October 2025, Employees' State Insurance Corporation (ESIC) hospitals conducted a series of health camps and awareness programmes on 28th September 2025 at multiple locations including Tiruppur, Tirunelveli, Beltola (Guwahati) and other outreach sites. The initiative is aligned with the objectives of Poshan Maah and aimed at strengthening preventive healthcare, nutrition awareness, and women's health.

At **ESIC Hospital, Tiruppur**, a special health camp was organized where 27 women beneficiaries underwent structured screening for non-communicable diseases such as diabetes and hypertension. Clinical investigations included haemoglobin estimation, oral, breast, and cervical cancer screening, and sickle cell screening. Health awareness sessions were also conducted on anaemia prevention, menstrual hygiene, nutrition, vaccination, and lifestyle-related disorders.



At **Thoothukudi Corporation (West Zone) and ESIC Hospital, Tirunelveli**, more than 160 participants attended the camp, with 127 individuals undergoing preventive screenings. Special focus was given to women sanitation workers, Domestic Breeding Checkers (DBC), and Micro Compost Centre employees. Awareness sessions covered menstrual hygiene, maternal health, workplace wellness, and lifestyle interventions to

prevent Non-Communicable Diseases (NCDs). ESIC also facilitated social security registrations on-site under the SPREE 2025 special registration drive, ensuring inclusion of unregistered workers under the ESI scheme.



At **ESIC Medical College & Hospital, Beltola (Guwahati)**, both in-house and outreach camps were held. Screening was conducted for hypertension, diabetes, anaemia, and cancers of the breast, cervix, and oral cavity. A total of 111 beneficiaries were screened, including 49 in-house and 62 at the outreach camp in the Brahmaputra Industrial Park. Awareness sessions emphasized menstrual health, breastfeeding, nutrition, and self-breast examination. Iron Folic Acid, calcium, multivitamins, and ORS were distributed to women participants.



The Swasth Nari, Sashakt Parivar Abhiyaan continues to make meaningful contributions towards women

empowerment, in line with the vision of providing inclusive and preventive healthcare to all sections of society.

Through these camps, ESIC hospitals are not only providing preventive healthcare services but also generating community-level awareness on nutrition and women's health.

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