

Rashtriya Ayurveda Vidyapeeth concludes 30th National Seminar on Paediatric Health

Ayurveda's child-care system Kaumarbhritya can build Swasth Balak, Swasth Bharat: Union Minister Shri Prataprao Jadhav

Seminar reinforces Ayurveda's role in preventive, promotive and holistic child healthcare

Experts call for greater integration of Kaumarbhritya with modern health systems to build resilient future generations

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Rashtriya Ayurveda Vidyapeeth (RAV), an autonomous institution under the Ministry of Ayush, successfully concluded its 30th National Seminar on “Management of Illness & Wellness in Paediatrics through Ayurveda” at Scope Complex Auditorium, Lodhi Road, New Delhi, today.

The two-day seminar (18th–19th August 2025) brought together over 500 participants, including eminent Ayurveda scholars, researchers, practitioners, and students from across the country. The deliberations focused on both illness management and wellness promotion in children, reaffirming Ayurveda's holistic approach to paediatric health.

Delivering the valedictory address through a written message, Union Minister of State (Independent Charge), Ministry of Ayush & Minister of State, Ministry of Health & Family Welfare, Shri Prataprao Jadhav emphasised that the outcome of this seminar will strengthen India's paediatric healthcare framework. He said, “Ayurveda's Kaumarbhritya branch has the potential to transform child healthcare by combining preventive, promotive and curative approaches. The collective wisdom shared over the past two days will inspire new research collaborations and practical models for achieving Swasth Balak, Swasth Bharat.”

Vaidya Rajesh Kotecha, Secretary, Ministry of Ayush, noted that the seminar had set a benchmark for academic exchange in paediatric Ayurveda. He underlined the importance of evidence-based validation and stressed the need for collaborative studies to integrate Ayurvedic principles with modern healthcare practices.

Vaidya Devendra Triguna lauded Prime Minister Modi's leadership for elevating Yoga and Ayurveda globally and commended RAV and AIIA for their focus on paediatric wellness.

Dr. Vandana Siroha, Director, RAV, in her concluding remarks, said that the success of the seminar reflects

RAV's commitment to nurturing the next generation of Ayurveda practitioners and researchers. She highlighted that the active participation of young scholars in paper and poster presentations demonstrated a vibrant future for paediatric Ayurveda.

The two-day programme featured:

- 20 scientific research paper presentations on paediatric health in Ayurveda
- Poster sessions showcasing innovative studies by young scholars
- Panel discussions on preventive and promotive healthcare in children
- Release of a Souvenir and distribution of Seminar Kits & Participation Certificates

The seminar concluded with a consensus that Ayurveda's holistic paediatric practices must be mainstreamed to complement India's healthcare system, particularly in addressing lifestyle disorders, nutritional deficiencies, and emerging health challenges among children.

The event successfully reinforced Ayurveda's relevance as a foundation of holistic child healthcare and called for continued knowledge-sharing platforms at the national and global level.





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