

National Expert Committee Meeting on Herb Safety Dossiers held at the All India Institute of Ayurveda, Goa

Ayush Ministry reaffirms its commitment to promoting evidence-based, safe and effective Ayush practices

Posted On: 24 JUL 2025 8:27PM by PIB Delhi

The National Expert Committee meeting was held from 21st to 22nd July 2025 at the All India Institute of Ayurveda (AIIA), Goa. The committee, constituted by the Ministry of Ayush, co-chaired by Dr. A. Raghu, Deputy Director General (Ayush), and Dr. J. B. Gupta, comprises senior experts and scientists from leading institutions including AIIA (Goa and New Delhi), AIIMS New Delhi, CCRAS, DIPSAR, ITRA, IIT Jodhpur, CIMAP, and Savitribai Phule Pune University.

As part of its ongoing efforts to strengthen the scientific evidence base of traditional medicine, the Ministry of Ayush, Government of India, has made significant progress in the development of safety dossiers for four important Ayush herbs: Gokshura (*Tribulus terrestris*), Tulsi (*Ocimum sanctum*), Haridra (*Curcuma longa*), and Chandrashura (*Lepidium sativum*). The National Expert Committee undertook a rigorous review of scientific, pharmacological, and traditional data to refine safety documentation for the selected herbs. The exercise involved a critical synthesis of Ayurvedic classical references, preclinical data, toxicology findings, and available clinical literature.

This initiative is aligned with the Ministry's larger mandate to ensure that Ayush interventions meet global safety and quality standards, thereby enhancing public confidence and international recognition of Indian traditional medicines.

The Ministry commends the expert committee and collaborating institutions for their contributions and reaffirms its commitment to promoting evidence-based, safe, and effective Ayush practices.

MV/AKS/SG

(Release ID: 2148025)