

SECI celebrates 11th International Day of Yoga at Sunder Nursery, New Delhi

Posted On: 23 JUN 2025 2:39PM by PIB Delhi

The Solar Energy Corporation of India Ltd. (SECI) celebrated the 11th International Day of Yoga with a group yoga session organised at the scenic and historic Sunder Nursery, New Delhi. The event took place on 21st June 2025 and witnessed enthusiastic participation from employees across multiple public sector undertakings.

The event was graced by the presence of Shri Sanjeev Chopra, Secretary, Department of Food and Public Distribution, Ministry of Consumer Affairs, Food & Public Distribution, Mrs Nidhi Khare, Secretary, Ministry of Consumer Affairs, Shri Santosh Kumar Sarangi, Secretary, Ministry of New and Renewable Energy and CMD (SECI) along with senior management of MNRE, SECI, IREDA and FCI.

The yoga session focused on enhancing physical well-being, mental clarity, and inner balance, values that align closely with SECI's commitment to sustainability and holistic development. The practice was led by Shri Kunal Sudan and a team of certified yoga instructors from the Ministry of Ayush.



Set against the natural heritage backdrop of Sunder Nursery, the programme embraced this year's global theme, "Yoga for One Earth, One Health," highlighting the timeless relevance of yoga as a way to harmonise personal health and environmental consciousness.

SECI continues to remain committed not only to clean energy development but also to cultivating a healthy and balanced way of life among its workforce and stakeholders.

(Release ID: 2138870)