

On PM's Call, India Unites in Wellness: Over 10,000 Organisations Register for 'Yoga Sangam'

Posted On: 27 MAY 2025 6:00PM by PIB Delhi

During the 122nd episode of Mann Ki Baat, Prime Minister Shri Narendra Modi lauded the growing integration of yoga into India's corporate culture, calling it a powerful indicator of the private sector's commitment to national wellness. In response to this clarion call, over 10,000 organisations have registered for Yoga Sangam, a nationwide initiative poised to become the largest community-led wellness event in the country's history.

"Our corporates are not lagging behind in this. Some institutions have set aside a separate place for yoga practice in their offices. Some start-ups have set up 'office yoga hours'. This is a positive sign of how the private sector is contributing to the nation's health movement," said the Prime Minister during his 'Mann Ki Baat' address.

Yoga Sangam is set to culminate on June 21, 2025, as over one lakh locations across India – from snow-draped Himalayan summits to sunlit coastal temples – prepare to transform into vibrant centres of yoga practice. Participants will stretch, breathe, and move in harmony, embodying India's timeless gift to the world: Yoga as a force for unity, health, and inner peace.

How to Participate in Yoga Sangam:

1. Visit: yoga.ayush.gov.in/yoga-sangam
2. Register your group or organisation
3. Host your yoga session on 21st June 2025
4. Upload participation details after the event to receive an official Certificate of Appreciation

This celebration is more than a yoga session — it's a national movement powered by communities, workplaces, schools, and individuals. It is a synchronized wave of wellness that invites every citizen to take a breath together and contribute to a healthier, more harmonious India.

Join the Movement

Whether you are a corporate leader, teacher, student, homemaker, or health enthusiast — Yoga Sangam invites you to be part of a historic movement. Let's unite under the open sky and reaffirm our commitment to a healthier nation.

MV/AKS

(Release ID: 2131693)